



Press Release: New York Yankees and Ionized Sports Water

Most people in general don't drink enough water. They think substitute drinks that are tasty and highly sweetened will do the same thing as water. But nothing else hydrates like water. In fact, nothing hydrates like ionized water.

There is a new sports drink available from your own kitchen tap... innovative, smart, super antioxidant and super hydrating. **It's called ionized restructured water** and it's not sold in bottles anywhere. This water is available only from your own tap, whether you live in the city or the country. Similar to glacier or high mountain stream water, it's ionized alkaline water made in your own kitchen or gym or training quarters!

The **New York Yankees** use ionized alkaline water during training and during their games! Teams that implement this new technology train harder, longer, and recover in a fraction of the time. They see more flexibility and fewer injuries. It's the next big wave. Sports teams across the country and in Canada and Mexico are picking it up. High school athletic teams, professional sports teams, men and women's amateur teams, olympic trainers and athletes...

"Running tap water through a water ionizer creates a miracle that can help put your body into a position of health you never imagined you could achieve." from Bob McCauley (The Miraculous Properties of Ionized Water) It's electrically charged with MANY extra negative hydrogen ions and alive with electrons which your body craves. It's a liquid antioxidant, which is why we can call it the best substance that you can ever put into your body.

Learn more about this new sports drink called ionized water and how you, your family, and your team can benefit. Learn why **Shan Stratton, the nutritional counselor for the New York Yankees for the past 14 years**, has recommended and implemented the use of ionized water for the Yankees and Diamond Backs.

Read "**What Every Athlete Needs to Know About Restructured Ionized Water**" - by Wade T. Lighheart. Mr. Lighheart is a three time national body building champion out of Canada and has authored four or five training books that are well respected and easy to read.

He says, "**Adding restructured ionized water to your current regimen will amplify your results and make you less likely to crash and burn...** I guarantee it." He says drinking "freshly made ionized, alkaline restructured water will absolutely improve your performance... For young athletes, please listen up - drink ion-rich restructured water instead of the acid-producing sports drinks. You'll be amazed at the difference in your energy, your performance, and your recovery time."

We urge you to learn all you can about the next cutting edge technology in the sports arena: ionized Kangen water. "Return to origin." Use ionized Kangen Water as your **ONLY** sports drink.